

**Gloucester & District**  
**University Of The Third Age**

GLOUCESTER AND DISTRICT  
(Registered Charity No. 1016356)

**APPLICATION TO BECOME MEMBER**

Please send this completed form to the  
Membership Secretary. Mary Angel:-

Please make Cheques payable to:- Gloucester & District U3A

<p><b>Mrs. M. Angel</b> <b>83 Moselle Drive</b> <b>Churchdown</b> <b>Gloucester GL3 2SZ</b></p>
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Surname \_\_\_\_\_ Mr/Mrs/Ms/Miss/Dr.

Forename/s \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ Telephone \_\_\_\_\_

Subscription £16.00 per person per annum

Please find enclosed the sum of £ \_\_\_\_\_ in payment of my/our subscription for the year ending July 31st. For first time joiners on or after March 1st there is a reduced fee of £8.00. If you wish to have the Newsletter sent by post could you please include an additional £5 to cover postage (£2.50 if joining on or after March 1<sup>st</sup>).

Members acknowledge that it is understood that there is no obligation responsibility or liability on the part of GLOUCESTER & DISTRICT U3A or any of its officers committee or members for any loss or damage or injury sustained by any member whilst taking part in any activity undertaken by members in any group meetings outings or walks organized by GLOUCESTER & DISTRICT U3A

Membership details (Membership No., Name, Address, Phone No.) are held on the Membership Secretary's computer Database file. This file is strictly for Committee use and is not made available to any other person. Please tick the box if you agree

IF YOU DO NOT WISH TO HAVE YOUR MEMBERSHIP DETAILS HELD IN THIS WAY PLEASE ADVISE:  
The Membership Secretary (Phone: 01452 531258)

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please help by completing the GiftAid form as this benefits our U3A as we will receive an extra amount (currently 28p/£) from the Inland Revenue at no cost to you.

**We are always looking for people who would be willing to lead Groups in new interests. If you would like to start a new group or have an interest in any subject not already covered, please get in touch with any member of the Committee**

*giftaid it*

**Gift Aid declaration**

Name of Charity: Gloucester & District University of the Third Age

**Please treat**

- The enclosed gift of £\_\_\_\_\_ as a Gift Aid donation; **OR**
- All gifts of money that I make today and in the future as Gift Aid donations; **OR**
- All gifts of money that I have made in the past 6 years and all future gifts of money that I make from the date of this declaration as Gift Aid donations.

***Please tick the appropriate box***

**You must pay an amount of income tax and/or capital gains tax in each tax year at least equal to the tax that the charity or Community Amateur Sports Club (CASC) will claim from HM Revenue & Customs on your Gift Aid donation(s).**

**Donor's details**

Title \_\_\_\_\_ Initial(s) \_\_\_\_\_ Surname \_\_\_\_\_

Home address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

**Please notify the Charity if you:**

1. Want to cancel this declaration. You can do this at any time
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

**Tax claimed by the charity or CASC**

- The charity or CASC will reclaim 28p of tax on every £1 you gave up to 5 April 2008.
- The charity or CASC will reclaim 25p of tax on every £1 you give on or after 6 April 2008.
- The Government will pay to the charity or CASC an additional 3p on every £1 you give between 6 April 2008 and 5 April 2011. This transitional relief for the charity or CASC does not affect your personal tax position. These amounts can change from time to time as government legislation changes

**If you pay income tax at the higher rate**, you must include all your Gift Aid donations on your Self Assessment tax return if you want to receive the additional tax relief due to you.

For any queries/changed circumstances please phone Mrs M. Angel (01452 531258). Please send completed forms to Mrs. M. Angel 83 Moselle Drive Churchdown Gloucester GL3 2SZ.

## GROUP ACTIVITIES

This brochure gives details of activities and leaders. The monthly Newsletter will give up-to-date news of these groups, venues and information of group changes.

**All telephone numbers are Gloucester numbers unless the area code is given. (01452)**

### Committee Members

<b>President</b>	Rona Dow	
<b>Chairman</b>	Gordon Brown	534694
<b>Vice Chairman</b>	Gwen Alderslade	
<b>Secretary</b>	Suzanne Lovell	724620
<b>Treasurer</b>	Ann Williams	723901
<b>Assistant Treasurer</b>	Carole Mockford*	728377
<b>Group Co-ordinator</b>	Roy Mather	304723
<b>Contact Team Leader (Welfare)</b>	Sheila Barr	
<b>Programme Secretary</b>	Maureen Rodger	532043
<b>Membership Secretary</b>	Mary Angel	531258
<b>Newsletter Editor</b>	Gordon Jelley	617716
<b>Committee Member</b>	Liz Brett	07857 553882
<b>Committee Member</b>	Barbara Ingham	731859
<b>Committee Member</b>	Vivienne Heffernan	302181
<b>Committee Member</b>	Anne Vernon	532551

\* denotes co-opted member

### Committee Meetings

First Tuesday each month at 10.15am at the Friends' Meeting House

### **MONTHLY MEETINGS**

4th Monday each month at 2.15pm in the Gloucester Arts Centre, (except when this is a Bank Holiday, when the Meeting is held on the third Monday.)

The Guildhall Arts Centre is closed during July and August, except for our monthly meetings.

### GROUP MEETINGS

All members are asked to contact the individual Group Leader before attending a group for the first time to see if there is a vacancy. If at all possible, you should tell your Group Leader if you are unable to attend.

Members are also advised to check with Group Leaders and/or the Newsletter Editor if they think an entry in the Newsletter Diary of events is incorrect.

Most sessions last 1 - 2 hours, but if you are not sure, please ask your group leader for further information.

Many groups take a break during July and August, so please watch the Newsletter for details.

### VENUES:

<b>BC</b>	Bishops College (was Oxstalls Sports Centre)
<b>CCA</b>	Christchurch, Abbeydale
<b>FMH</b>	Friends' Meeting House, Greyfriars
<b>GAC</b>	Gloucester Arts Centre
<b>HCC</b>	Hucclecote Community Centre
<b>HMCH</b>	Highnam Community Centre
<b>HTCH</b>	Holy Trinity Church Hall, Longlevens
<b>LLVH</b>	Longlevens Village Hall
<b>SOCH</b>	St Oswald's Church Hall, Coney Hill Road
<b>MDLH</b>	St. Mary de Lode Hall, Archdeacon Street
<b>MGB</b>	Megabowl, Barnwood
<b>NH</b>	Northgate Hall St John's Lane
<b>GM</b>	Gloucester Museum

### LIST OF GROUPS AND THEIR LEADERS.

Archaeology	GAC	2nd Thursdays	10.30am	Gordon Brown Sheila Morgan	617223	
Badminton	BC	Mondays	6-7pm	Rose Gaynor Sheila Morgan	863446	
Belly Dancing	NH	1st & 3rd Tuesdays	2.00 - 3.00pm	Pam Jones	302641	
Bridge	HCC	Wednesdays	1.30pm	John Turner		Finish 4.00pm
Choir	HTCH	1st & 3rd Fridays	1.45pm	John Merrick		
Computer Discussion Group	HOME	2nd Thursdays	2.15pm	Mike Williams		Discussion and Questions
Creative Writing	HOME	1st Tuesdays	2.00pm	Irene Jones	532006	
Cryptic Crosswords	MDLH	1st Thursdays	2.15pm	Peggy Bartlett	412580	
Cultural History 1	HOME	2nd Tuesdays	10.15am	Mary Weinstock	304547	Notable Women
Cultural History 2	HOME	3rd Tuesdays	10.15am	Mary Weinstock	304547	Development of the Novel – See Newsletter for details
Enjoying Music	GAC	1st, 3rd, 5th Tuesdays	10.30am	Betty Taylor		
Folk Dancing	SOCH	Fortnightly, Mondays (Sept – June)	10.00am - 11.30	Helen Thorn, Betty Rout		not Bank Holiday
French Conversation	GAC	2nd & 4th Wednesdays	10.30am	Brenda True	713424	
German Conversation	MDLH	2nd & 4th Tuesdays	2.00pm	Penny Cross	863446	
Horticulture	GAC	1st Wednesdays	10.30am	1st Contact - Tegwen Harrison Wendy Collins	01531 650416/840534	See Newsletter for details of Summer visits

				Jill Hamilton		
Line Dancing	NH	1st & 3rd Wednesdays	2.30pm - 3.30pm	Mary Angel Maureen Freshney	531258	
Local History Group	GAC	Last Tuesdays 10.30am September- June, not Dec		Tina Hemmings	721525	See Newsletter for details of meetings
Lunching with Friends	HOME			Anne Vernon	532551	See Newsletter for details
Mah Jong	MDLH	1st and 3rd Mondays	2.00pm	Penny Cross	863446	
Needles & Threads	FMH	Alt Thursdays 1.30 -3.30pm Sept - Easter only		Maureen Francis	531550	
Piano duets	HOME	1st Wednesdays	1.30pm	Margaret Eyles Kathleen Bell		
Playing the Recorder	HOME	Fortnightly, Mondays (Usually same as Folk- Dancing)	10.00am - 11.30	John Thorn		Please watch Newsletter for dates
Poetry & Literature	HOME	1st Mondays	10.30am	Betty Percival	522739	
Scrabble	FMH	2nd & 4th Tuesdays	1.45pm	Carol Shergold	723363	
Table Tennis	HMCH	Fridays	10.00am - 12.00md	Audrey Stait	417494	
Talking of Books	HOME	1st Tuesdays	2.15pm	Joan Jones	412120	See Newsletter for details
Ten Pin Bowling	MGB	2nd & 4th Wednesdays	2.30pm	Penny Cross	863446	
Theatre Group	Various	Monthly		Liz Brett	07767 088503	See Newsletter for details
Travel Group	GAC	3rd Wednesdays	10.30am	Peggy Bartlett Geoff Bayliss John Hostler Avril Kent Sheila Morgan	412580	See Newsletter for details
What the Papers Say	HOME	3rd Mondays	10.30am	Irene Rasiewicz		
Walkers 1		1st Mondays	10:00am	Heather Cresswell		See Newsletter for details
Walkers (Bus Pass)		1st Fridays	10:15am	Barbara Ingham	731859	See Newsletter for details
Walkers 2		3rd Fridays	10:15am	Tony Bishop		See Newsletter for details
Walkers (Short Walks)		4th Wednesdays	10:30am	T & D Miller		See Newsletter for details
Crime Book Club	HOME	2 <sup>nd</sup> Mondays	10:30am	Claire Collins	311001	See Newsletter for details
Chess	HOME	3 <sup>rd</sup> Tuesdays	10:00am	John Jones	621779	Finish 11:30am

History of Architecture	GAC	3 <sup>rd</sup> Thursday	10:30am	Anne Vernon	532551	
Walkers (Strollers)		2 <sup>nd</sup> Tuesday		Cleone Acomanni	372205	See Newsletter for details
Open Studio Art Group	GM	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	10:30am	Kevin Gilligan	416880	
Natural History Walkers		2 <sup>nd</sup> Monday	10:30am	Anne Matthias	614214	See Newsletter for details
Friday Walkers		3 <sup>rd</sup> Friday	10:15am	Tony Bishop	611464	See Newsletter for details

Volunteers to lead walks are always welcome in any of these groups. Details of walks and starting points are given in the Walkers' section at the end of each Newsletter. *Please note - Times may vary*

### **NEW GROUPS**

We are always pleased to look at ideas for new groups. These changes are important if we are to keep our U3A as a lively, thriving organisation. Many such ideas have been offered and considered. Some were accepted, while others could not be taken up for various reasons. We constantly need new volunteers to lead such groups. You do not have to be totally responsible for the group, and can link up with others to be joint group leaders, so that several people share the responsibility. Also, members of the group can be responsible for researching/presenting different topics. If you think you have a subject which may be of interest to other members, please contact the Group co-ordinator, whose details will be on the back of the current Newsletter.

### **GENERAL INFORMATION**

U3A, a worldwide organisation, is a self help venture providing daytime educational, creative and leisure activities for anyone who is no longer in full-time paid employment.

No qualifications are needed and none are given. Members organise their own activities and offer their skill, knowledge and experience to their fellow members.

At present the annual subscription of £16.00 is due on August 1st each year. Those joining for the first time after 1st. March are accepted at half the annual rate (£8.00).

Whenever a group meets a small fee is paid by each member, payable to U3A funds, and collected by the relevant leaders. All monies from groups should be paid to the U3A Treasurer each month if possible.

This brochure is updated regularly, but please be aware that, as a living organization, changes can occur, so please check with the Group Leader to make sure the group is still running.

### **CAR SHARING**

Members are requested to share costs when travelling as passengers in other members' cars. It is suggested that 40p per mile be charged for the whole journey. This should be divided equally amongst the driver and passengers. e.g. a whole journey of 10 miles x 40p £4.00, divided by say four persons £1.00 each.

## **U3A WALKING GROUP WALKS DISCLAIMER**

Walking is one of the healthiest and safest of Outdoor Activities.

However, neither ..... U3A, nor the Walk Leader/Organiser of the walk(s) has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the Health or Safety of the Walkers in the party.

Walks organised by U3A Groups automatically receive **Public Liability insurance** cover, provided the leaders are U3A members, through the **Third Age Trust**. This is designed to protect leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own Health and Safety and the safe keeping of their equipment, clothing and belongings.

Participants on Walks should follow the advice/instructions of the Walk Leader in order to minimise any risk to themselves and should also ensure that they do not endanger any others in the party.

U3A members who wish occasionally to bring children or their dog on a U3A walk should ask for advice from the Walk Leader/Organiser.

**I have read, understood and accept the foregoing Disclaimer.**

Please print your Name(s) in Block Letters, then Sign and Date below.

**NAME(S)** \_\_\_\_\_ **SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_  
(Block Letters)

**THIRD AGE TRUST**

Tel 020 8466 6139

For further information,

visit the **National Website**: [www.u3a.org.uk](http://www.u3a.org.uk)